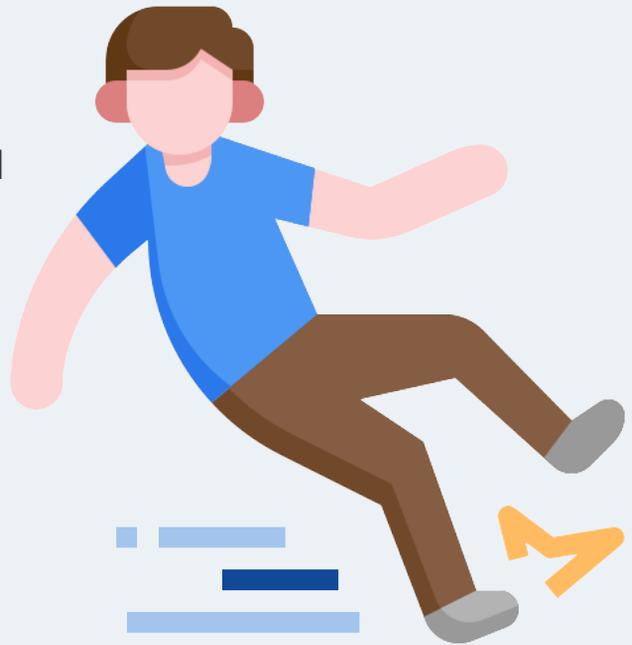


SLIPS, TRIPS & FALLS



Slips, trips and falls are a major cause of driver injuries

Taking a few basic precautions can help reduce or eliminate these injuries



- Walk, don't run
- Stick to paved walkways
- Keep your eyes on the path
- Remove or avoid hazards in your path
- Wear sturdy, well fitting shoes with a non slip sole
- Use a torch when walking in the dark
- Avoid distractions - don't use your phone when walking, don't carry loads you can't see over